



**NARG**  
North American Riders Group

# **YOUNG RIDER HANDBOOK**

**So You Want to Come to Young Riders?**

**Together** we can improve our sport

Visit us online at [NARG.org](http://NARG.org)

## **IF YOU THINK YOU MIGHT WANT TO COME TO YOUNG RIDERS**

Hopefully, the North American Junior and Young Rider Championships (NAJYRC) have been your goal for some time. The NAJYRC (also called Young Riders) is actually two different championships, The Junior Championship (riders 14-18 years old FEI age\*) and the Young Rider Championship (riders 16-21 years old FEI age\*). To compete in the Junior Championship, you should be quite experienced at jumping 1.40m. To compete in the Young Rider Championship, you should be experienced jumping 1.45m. For either championship, you should also have experience jumping an open water jump IN COMPETITION.

The Championships are big and serious. The Junior Championship is held at 1.40m. The Young Rider Championship starts at 1.45m and ends up with full 1.50 courses on the individual day. The competition is grueling with a total of 5 rounds over 3 days (there is one day off between the team and individual finals). The open water will be used in all but the last round, and it won't have a pole over it. You and your horse must have a very high level of fitness to complete the championships successfully.

**STEP ONE: DECIDE EARLY IN THE QUALIFYING PERIOD THAT YOU WOULD LIKE TO COMPETE.** If possible, come watch the competition the year before you think you will be ready. The qualifying for most zones starts in July the year prior.

Make a plan with your trainer that will prepare you for this tough competition. In most zones, it is recommended that those wishing to compete in either championship have some experience in National Standard Grand Prix classes or, minimally, have competed at some of the higher levels shows at 1.40m. We also recommend, if you are the right age, that you compete on the Junior team your first year. Regardless of your experience, Young Riders is unlike any other competition you have ever attended. The qualifying criteria for all zones as well as general information about championship can be found at [http://www.usef.org/\\_JFrames/breedsdisciplines/discipline/alljumping/nayrc2011List.aspx](http://www.usef.org/_JFrames/breedsdisciplines/discipline/alljumping/nayrc2011List.aspx)

Another excellent website to look at closer to the competition is **YoungRiders.org**. This website will give you more specific information about each year's competition. It also shows results from previous years' competitions.

Your plan needs to include obtaining a **Certificate of Capability** during your zone's qualifying period. This certificate is proof that you completed a course at 1.40m with four faults or less for eligibility for the Junior Championships. For Young Riders, the requirement is a course at 1.45m with 4 faults or less. When you have accomplished this score, go to the horse show office and ask for a copy of the class sheet, the jump order and the judge's card. These three items will serve as your Certificate of Capability. You will submit them when you are submitting entry documentation closer to the NAJYRC.

## **STEP TWO: GET YOUR HORSE'S PASSPORT IN ORDER VERY EARLY**

The USEF provides a wonderful document called Passports 101. You can find it at [http://www.usef.org/documents/international/Passports101\\_2.pdf](http://www.usef.org/documents/international/Passports101_2.pdf)  
If your horse does not have a passport, you can apply for one through the USEF. Since passports include records of vaccinations, please start working on this several months ahead so you will have all the requirements met before Young Riders.

After January 1<sup>st</sup> of the year you want to compete, you will need to apply for FEI membership for you and your horse. This can be done through the USEF. Applications can be found online if you log into your USEF account.

## **STEP THREE: LEARN TO CARE FOR YOUR HORSE UNDER FEI COMPETITION RULES.**

Your horse will be jumping five difficult rounds without the aid of any pharmaceuticals (no NSAIDS such as Bute or Banamine). Talk to your trainer and vet about using ice, homeopathics, poultices and hoof packing to help your horse be as comfortable as possible. Practice showing your horse under FEI rules. It will prepare you for Young Riders.

## **STEP FOUR: IN THE SPRING, SEND IN YOUR YOUNG RIDER (NAJYRC) APPLICATION.**

This application is in addition to your FEI memberships. Carefully fill out the application and submit it with the \$10 application fee. In 2011, you will be able to submit the form electronically on the USEF website. If you don't know whether you will do the Junior or the Young Rider Championship, you should apply for both championships. As soon as your application is complete, you will see a check next to your name on the qualifying list in your zone points section of the USEF website. This is your guarantee that your application has been received by the USEF. If you can't find this document when you log into your USEF account, please email [JHaydon@USEF.org](mailto:JHaydon@USEF.org). Jennifer Haydon is the head of National Jumping Programs at the USEF. She can answer questions about the NAJYRC and Prix de States.

**STEP FIVE:** In the months leading up to NAJYRC (Young Riders), keep an eye on the USEF website for additional information. On their home page, the USEF will post important information in the form of press releases or notices to members concerning Young Riders. Since the qualifying criteria may include open and grand prix classes as well as junior or amateur jumper classes, the points are listed separately from the zone junior or amateur points. Qualifying points will be found in the jumper section at the top of the ZONE Points on the USEF website. You will be able to look at them after January 1 of the new year even though the qualifying for most zones opens during the summer of the previous year. Please remember that you may be listed on qualifying lists for both the Junior and Young Rider teams. Please talk with the coordinator or Chef d'Equipe of your zone to get a clearer picture of your actual standing for the team you would like to compete on. Furthermore, only those names with an "X" next to them have actually applied to compete. Contact information for your Zone Coordinator can be found on USHJA.org.

**ATTIRE:** Young Riders is a formal competition. In all competition rounds, you will wear a white shirt, white breeches and your team coat. In the practice class and at the jog, you will

wear tan breeches and your team polo. Hair should be neat at all times and boots polished. You should be beautifully turned out as warrants an international event.

Most teams have a team coat. As the deadline for qualifying approaches, you may want to call your zone coordinator about the coat requirements. This way you will have enough time to get a coat ready.

## **WHAT TO EXPECT WHEN YOU ARRIVE AT YOUNG RIDERS**

At Young Riders you will be stabled with your team in the FEI compound. Other teams, including eventing, reining and dressage teams may also be stabled here. You will be required to take care of your horse in a more limited space than you might be used to. You will have a stall for your horse, and the team will have one additional stall to store hay, feed or extra equipment. Extra grooming stalls may be available at extra cost if you really feel you need it. Please tell the Chef d'Equipe if you are interested in having a grooming stall. She will need to ask for it when she does the entries prior to your arrival at Young Riders.

The FEI compound will have limited access. You will have passes for yourself, your trainer, your groom and one guest. You will have your photo taken and will be required to wear your issued credentials at all times. Without them, you will not be allowed access to the FEI compound. After final entries are made, the USEF may ask you to email a photo for your credential. Please send the photos ahead of traveling to Young Riders as it will expedite your registration upon arrival.

At Young Riders, the Chef d'Equipe is the leader of the team. In the Chef d'Equipe capacity she is not a trainer or a coach. Her job includes handling all interactions with the office as far as entries. She is the scorekeeper during the Nations Cup and chooses the order in which team members will jump in the Nations Cup. She is the liaison for the team and all information concerning the competition runs through her. Therefore, a white board will be posted at the barn. As information about the competition is offered it will be posted by the Chef d'Equipe. It is **YOUR RESPONSIBILITY** to keep your eyes on this board. This is how you will know what is going on and any changes in schedules, etc. There will also be a board posted somewhere near the entrance to the FEI compound. This is where stewards and officials will post relevant information including schedule changes. It is **YOUR RESPONSIBILITY** to check this board often so you know what is going on and are aware of any changes in the schedule.

At Young Riders your horse's passport must be dropped off at the office prior to the jog (more on this later). The chef may collect all the passports or, more typically, you will deliver it to the office yourself. Other than dropping off the passport and getting your credentials, you will have no other direct interactions with the office. Those responsibilities belong to the Chef d'Equipe.

A final note on passports: The use of Regumate, in mares only, is allowable under FEI conditions for "the suppression of estrus". This is the only allowable reason and it is one of the only drugs permitted under FEI rules. However, you must go to the vet office before the

jog, fill out the required form (FEI Medication Form 2) and make sure it is on file with your mare's passport BEFORE THE JOG. Do not wait until the last minute to file this form. Omeprazole (Ulcergard) is also an allowable drug. PLEASE CHECK WITH A VET FAMILIAR WITH FEI RULES prior to attending since rules change and there may be very specific directions for administration of these two drugs. Remember, if one person gets eliminated for a drug violation in the Nations Cup, the whole team loses its placing. **PLEASE BE PREPARED.**

## **PROCEDURES GOVERNING FEI COMPETITIONS WHEN THE COMPOUND IS CLOSED**

When you first move into the FEI compound, you and your horse will be able to move freely in and out. Once the compound goes into lock down, you will be able to move in and out with your credential but your horse will be restricted to leaving the compound only at designated times. Your Chef d'Equipe will keep schedules on the board at the barn. Any changes to the schedules will usually be posted at the main gate leading into compound. It is **YOUR RESPONSIBILITY** to make sure you know the schedule. Furthermore, your horse may not leave the compound to be grazed or hand walked and, under no circumstances, can he leave the show grounds during the lock down period (from the competition official start until the last horse competes).

Medication rules are extremely strict at FEI competitions. As stated before, most pharmaceuticals are prohibited. If you keep medications in the trunk you are bringing, remove them before coming to Young Riders. Needles and syringes are prohibited in the stable area. A steward can search your equipment at any time. Please prepare ahead of time to ensure you are following FEI regulations. Your mistakes can impact the entire team.

## **YOUR HORSE'S NUMBER**

You will be given two numbers, a small one for your horse's halter and a larger one for your saddle pad. Your horse must be wearing his number **every time** he leaves his stall, even if he is not leaving the compound. Since these numbers are color coded by discipline, you are required to use the ones that are given to you. Please do not use your own numbers. You can be dismissed from the competition if the steward can't identify your horse properly.

## **SCHOOLING YOUR HORSE**

Unlike regular horse shows where you can practice or lunge any time you want, Young Riders is restricted by FEI regulations. For each discipline, there will be specific times and places where you can ride or lunge your horse each day. Please stay organized by checking the board at the barn as well as the schedules posted at the main gate into the compound. You may only ride in the schooling areas designated for FEI horses during the times offered. An FEI steward will be posted at the ring at all times and you should always be respectful of the steward. They are there to teach you the rules and to make sure you follow them. If you have any questions, please ask. Stewards are happy to help. They are also happy to dismiss you from the competition if you are disrespectful or rude. Again, remember, what you do can affect your entire team. Please follow the rules.

## **THE SCHOOLING AREA DURING COMPETITIONS:**

Unlike regular horse shows where the schooling area is somewhat chaotic, the FEI schooling area is highly regulated and monitored by a steward at all times. The jumps will all have flags indicating the direction they should be jumped. Like in the ring, you must always keep the red flag on the right. If you want to change direction, the steward should be consulted. The steward will also have a jump order. You will be given a jump based on your jump order. If you need to jump earlier, you may ask another person to share. If you have any trouble with this process, the steward will be happy to assist.

The other unusual quality of Young Riders is that there are no conflicts. You go in your jump order. The in-gate administrator will tell you if there is pre-loading. Pre-loading is when you are required to walk into the ring before the previous horse has finished his course. This is common procedure at FEI competitions. Be ready to go when it is your turn. There is no waiting. This is the big time. Be early to the ring and be prepared. You are representing your zone and your country. Do yourself proud.

**IF YOUR HORSE REQUIRES MEDICATION:** There are a few other medications such as Adequan and Legend that are permitted during competition. However, you are not allowed to administer them. During the competition, there will be a vet office and a vet area just outside or within the compound. An attending vet will be able to administer these drugs, provided you bring them in sealed bottles. The vet will provide the needle and syringe. Check with the vet office to find out the hours the vet tent is manned. You may make an appointment or just show up with your horse during the manned hours. The reason for the Adequan and/or Legend is “joint protection”. You will need to bring a drug form to the vet tent with you and the vet will sign that the drug was administered there. The vet will also keep a copy of the form to be filed in the horse’s record for that competition.

In very rare circumstances, the vet may decide that a horse needs a certain drug for its’ welfare. The example I will use is a horse with “scratches” that needs an antibiotic. In these cases, the vet may decide, within FEI rules, that the horse should have a certain drug. This drug will only be administered by the vet and will be recorded on the horse’s record.

## **IF THERE IS ANOTHER SHOW GOING ON DURING YOUNG RIDERS:**

It is **STRONGLY RECOMMENDED** that you come to Young Riders to compete only in Young Riders. There are many reasons for this. First of all, Young Riders is extremely rigorous. You want to be fresh and focused. You also want to be available to watch and cheer on your team members. Secondly, there are no conflicts at Young Riders. If your other classes are going at the same time, you will have to miss them. You need to be available for presentations, to ride during designated schooling times and to attend mandatory meetings. Finally, Young Riders is a championship. It is structured to teach you to ride at a higher level. No one gets to take practice horses to the Olympic Games. Consider this your Olympics. You will learn a great deal about managing yourself and your horse in a very challenging format.

**WHAT TO BRING:** In addition to the usual equipment you use for competitions

You will be provided with team shirts and saddle pads to use in the competition. These are yours to keep. Your team may also have scrim sheets or other horse clothing for your use during Young Riders. Most of the time, these clothes belong to the team and are given back at the end of the competition. Please remember to return team equipment to its' proper place so it can be used again next year.

**For the jog:** A snaffle bridle with reins removed and leather lead shank with a chain that has been polished

**Sealed** bottles of Adequan and/or Legend, if you plan to use them during the competition.

Enough supplies such as poultice and hoof packing to get you through the week. You may also consider how you like to ice your horse's legs. You may bring a Game Ready, ice boots or a bucket for the horse to stand in. Try to think of all the ways you will take care of your horse during the most rigorous competition you have ever faced. Be ready.

It is recommended that you have shown your horse using FEI drug rules prior to Young Riders so you can see how he handles it. You may experiment with the type of management that works best for him.

Call the **USEF DRUG HOTLINE** concerning the products you regularly use. Some common products, such as Vetrolin, are illegal under FEI rules. Be sure to tell the person who answers that you will be showing under FEI rules not USEF rules. The phone number is **800-633-2472**. The operators are very friendly. They are there 24 hours a day and happy to help. You should also call the hotline to find out how long the drugs you regularly use take to get out of the horse's body. For example, if your horse showed on Bute the week before Young Riders, this might be a problem. Pay attention to these details. It can affect your whole team.

## **THE COMPETITION**

### **THE JOG**

The first "event" of Young Riders will be the jog. Prior to the jog, the team will have a practice jog at the stable area. The Chef d'Equipe will choose the time and all will participate. Seriously consider riding your horse prior to the jog so he is loosened up and relaxed. Your horse should be presented in show condition with a shiny coat, white socks, hoof polish, a clean bridle and shiny bit. You will also need to have a leather lead shank with a chain that is polished. The Chef d'Equipe will have instructed you beforehand as to the appropriate clothing for yourself. Usually this is tan breeches, boots (polished and shiny), a belt and a team polo shirt (to be supplied by the zone). The team will all walk up

to the jogging area together, looking very professional and beautifully turned out. For most of you, this is your first international competition representing your country as well as your zone. Take pride in your appearance.

For the jog itself, there is an order of go but each team will be ordered together. At the appropriate time, the horses walk to the jogging area. When your turn comes, you will walk your horse into the jogging area and wait for the official to identify your horse with its' passport. When the official gives the signal, you will jog down the lane to the end. You will come back to the walk and stay to the **left** of the obstacle, walk around the obstacle and jog back.

When your horse passes the jog, you will be handed a patch with either a J for junior or YR for Young Rider. These patches are only given out to individuals who are representing their country in international competition. The patch should be affixed to the left breast panel of your riding coat and worn throughout the competition. Wear it proudly.

If your horse does not pass the jog on the first try you will, in most cases, be given a chance to present your horse a second time later in the day. Don't panic. Talk to your trainer and your Chef d'Equipe about the best course of action and follow the instructions of the officials carefully.

## **THE PRACTICE CLASS**

At the beginning of the week, you will be offered the opportunity to participate in a practice class. The class will be offered at 1.30m or 1.35m. You may jump in either class. Your Chef d'Equipe will ask you which section you want to participate in. Choose the height that you think will work best to prepare your horse.

This class is an opportunity to get in the ring and do whatever your horse needs to be ready for the first individual qualifier on the first day of competition. The water jump will be in the ring for you to jump and it usually has a pole over it. The class is unique in that you will have 90 seconds to do whatever you want. If you want to jump the whole course, you may do that. If you want to just trot around the ring you can do that. Most importantly, you will have a chance to jump the water. Use your time wisely so you can jump it multiple times if you and your horse need the practice.

This class runs very quickly. Your time will start as soon as you walk into the ring. They may even pre-load and your time will start as soon as the person before you finishes. Have a plan before you walk into the ring so you can get done what you need to get done. Ninety seconds goes by very quickly.

## **THE FIRST INDIVIDUAL QUALIFIER**

For both championships, the first class is a speed class. It is the first qualifier for the individual championships on Sunday.

For the juniors, the speed is a Table A speed, fastest clear round format. Your specific placing in this class does not impact your standing. The goal here is to jump clean. All clear rounds will be tied going into the Nations Cup.

For the Young Riders, the speed is a Table C format, faults converted into seconds. Your placing in this class will determine your individual standing going into the Nations Cup. Based on your placing, your time in the class and the times of the other riders, a formula is used to give each rider a specific number score. This score will be the number of faults you will carry into the next rounds. Usually the scores are very close together. If you are in the top 10, you can still be in contention for an individual medal.

## **THE NATIONS CUP**

The second day of competition is the Team Class. It is conducted under the same format used in Nations Cups from Young Riders to the Olympics. You will get to experience show jumping as a team sport, a unique and amazing experience for athletes who are accustomed to competing as individuals. On the team day, be sure to bring what you will need for your horse to the ring with you. Young Riders is usually held in July. It is very hot. Consider bringing equipment to water and sponge off your horse. Bring drinks for yourself. The Nations Cup is a long class. Hopefully you will be there all the way to the presentation.

There will be a drawn order for the teams. Your Chef d'Equipe will choose the order of the team mates based on performance in the first qualifier, experience in previous team classes and a variety of other factors. The "anchor" rider (4<sup>th</sup> rider) is generally the most experienced rider who is used to riding under pressure.

The order will be followed as each 1<sup>st</sup> rider goes in the team order, then the 2<sup>nd</sup> riders and so on until all four have jumped. The team score for that round will be the three best scores of the round. The highest score will be dropped. This is why it is so important to have four team members who are prepared. Anyone can have a bad round. The key is to come back in the second round and improve. There is a mandatory 30-minute break between rounds.

After the first round, the teams with the lowest total scores will be invited to jump again. The team order may be changed based on total scores but the teammate order will remain the same. Pay attention to your Chef d'Equipe. She will let you know the new order. The top three scores from the second round will be added to the total score (minus the drop score) from the first round. These totals will determine the medal winners.

If there is a tie for any medal position after the second round, a jump off will be held. Once again, the whole team will participate with the top three scores being used as the team

score. If the teams are still tied with faults, the combined times of the top three scorers will be used to determine the winner. If you participate in a medal jump off for your team, your jump off score will not be considered as part of your individual score.

Team medal winners will enter the ring mounted for the presentation. However, once in the ring, they will dismount to stand on the podium. You will need a groom to hold your horse in the ring during this presentation. Please be sure this person is dressed neatly and brings a leather lead shank to hold your horse during the presentation.

Both of your scores from the Nations Cup Rounds will count toward the individual final. If your team is not one of the teams coming back for the second round, you are still eligible to jump in the second round as an individual. Please let your Chef d'Equipe know if you want to jump in the second round if your team is not returning. Those qualified only as individuals will jump first in the order in the second round.

### **THE "DAY OFF"**

Between the Nations Cup and the Individual Final is a day off. This day should be used to help your horse recover, rest, relax. He will have two more rounds to jump tomorrow.

### **THE INDIVIDUAL FINAL**

The last day of Young Riders are the Individual Finals. The top 25 from the first two competitions will be invited back for the first round final. These rounds are generally the biggest of the competition. Your score from this round will be added to your other scores and the top 15 will jump in the second round. The last round may be a bit shorter but it will still be very challenging. The horses and riders are tired. This is survival of the fittest, both mentally and physically.

### **THE END OF YOUNG RIDERS**

When you are done competing at Young Riders, your horse may be removed from the compound with permission from the staff. Speak to your Chef d'Equipe if you would like to remove your horse prior to the end of the competition. At that time your horse is officially removed from the competition list and may leave the compound. If you are competing in the finals rounds, the compound will be opened after the last horse competes. At this time, the fence will be taken down and you may move in and out freely. Usually, the Young Riders Show jumping Final is the last event. If you competed in this event, you may need to pick up your passport at the office. Otherwise, the Chef d'Equipe may have already picked up your passport and put it in your trunk. Don't forget to retrieve your passport. You will need it for next year.

## **TYING UP LOOSE ENDS**

The North American Junior and Young Rider Championships is a massive undertaking that requires the support of horse show management and staff, the USEF, the USHJA, parents, grooms, trainers and sponsors. Therefore, it is very important to remember to WRITE THANK YOU NOTES, in a timely manner, to the many of the people who made the event possible, especially your Chef d'Equipe and the sponsors. Without them, the NAJYRC would not happen. Please let these important contributors know how much you appreciate them. WRITE THANK YOU NOTES on the day after you complete the NAJYRC.

### **Websites you may want to consult:**

WORLD ANTI-DOPING AGENCY: <http://www.wada-ama.org/en/>

US ANTI-DOPING AGENCY: <http://www.usantidoping.org/>

As a rider, you may be subjected to random drug testing at the North American Junior and Young Rider Championships. If you are on any type of prescription medication yourself, these websites will provide information about the legalities of competing at Young Riders. You may also contact the USEF if you have any questions. Please do the research about your particular medication at least a month ahead.

FEI-CLEAN SPORT: [www.feicleansport.org](http://www.feicleansport.org)

This website will give more information about following all the drug rules for yourself and your horse. It also looks at the history and philosophy behind the rules.

YOUNG RIDERS WEBSITE: <http://www.YoungRiders.org>

This website will have information about the upcoming competition including schedules, news updates, etc.

FEDERATION EQUESTRE INTERNATIONALE: [www.fei.org](http://www.fei.org)

This is the website of the international organization that governs all international equestrian competitions

UNITED STATES EQUESTRIAN FEDERATIONS: [www.usef.org](http://www.usef.org)

This is the website of the national federation for the United States. The USEF is responsible as the liaison to the FEI for all US competitors for all equestrian sports.

UNITED STATES HUNTER JUMPER ASSOCIATION: [www.ushja.org](http://www.ushja.org)

This is the website specifically for the hunter/jumper sports. All the information concerning zone requirements can be found here.

NORTH AMERICAN RIDERS GROUP: [www.narg.org](http://www.narg.org)

NARG is an organization that works as a voice in the show jumping industry for professional riders and trainers. You can refer to this website to learn about work being done to improve our sport.

## Final Notes:

\*It is possible for a rider's FEI age to differ from his or her USEF age and therefore, affect that rider's eligibility. The USEF competition year begins on December 1, meaning a rider's age on that date is recognized as his or her age for the upcoming year. The FEI competition year, however, begins on January 1 and a rider's age for that year is the age he/she turns during that calendar year. Therefore, a rider born between December 1 and December 31 will not be considered a junior for FEI competitions during his/her last USEF junior year.

## **CHECKLIST FOR THE NORTH AMERICAN JUNIOR AND YOUNG RIDER CHAMPIONSHIPS**

### **ONE YEAR OUT (July)**

Come to Young Riders to watch.

Begin discussions with your trainer about your desire to compete

Plan your competition year to include shows offering classes at the qualifying heights for your zone. Also, plan to attend shows that offer open water jumps in the competition arena.

Know the qualifying period for your zone.

Begin organizing your horse's passport. Plan his vaccination schedule.

Learn how to look at your horse report on the USEF website. Keep a record of your money won and regularly confirm that it matches your horse report.

### **JANUARY:**

Complete FEI memberships for yourself and your horse.

Check the USEF website for your zone to confirm that your money won is correct so far for the qualifying period. Check the Young Riders website for any updates.

Recheck your passport and confirm that you are on track with vaccinations.

Reevaluate your competition schedule to include classes at 1.40m or 1.45m and open water.

Get your Certificate of Capability as soon as you have fulfilled the requirements.

**FEBRUARY:**

Plan your first horse show competing under FEI conditions. The show itself does not have to be FEI but you will need to manage your horse as if it is. Discuss the outcome with vet and trainer. Plan to practice again at a later date.

Check USEF.org and YoungRiders.org for any updates including your point standing. Note: you may not know your exact standing as some riders will be on both the Young Rider and the Junior lists. There may also be riders on the list who are living in the United States but are ineligible due to their citizenship. NAJYRC is open only to riders from the USA, Mexico and Canada.

**MARCH:**

Continue to refine your FEI horse management program.

By now your passport should be well organized and you should know when your next vaccinations are scheduled. Be sure each influenza vaccine is properly recorded in the passport.

By now you also should have jumped an open water jump in competition.

**MAY:**

Check YoungRiders.org for updates.

Fill out your application for the NAJYRC. You may do this online by logging into your USEF account. If you have it, you may also submit your Certificate of Capability at this time.

Do another practice show under FEI conditions

Talk to your Zone Coordinator (this person is usually also the Chef d'Equipe) about any questions you might have about competing in Young Riders.

**JUNE through the NAJYRC:**

Refine your FEI program and know your plan for Young Riders

Practice jumping open water

If you are on this list of eligible participants from your zone, the Chef d'Equipe will contact you after the closing of qualifying to confirm your intent to compete. Please confirm promptly as she has documentation to complete for everyone on the team.

Complete forms required for competing in Young Riders such as your Code of Conduct and Horse/Rider biography. These will be sent to you after you are entered in Young Riders by your Chef d'Equipe. Faxing these forms ahead of time will make your check in run smoothly and will save the office staff time. Please be thorough. If you are asked for a photo of yourself or copies of coggins test, make sure these documents are included.

**COME PREPARED**

**GOOD LUCK**

Kim Land (770)789-3767  
Document updated 4/16/2011

I would like to thank the North American Riders Group for making this document available online at [NARG.org](http://NARG.org)



**Together** we can improve our sport

Visit us online at [NARG.org](http://NARG.org)